



OTTAWA KNIGHTS

BASEBALL CLUB

Information Package

Welcome

Below you'll find information for our entire organization; our annual schedule of activities, coaching staff, core values, success stories, and fee breakdown.

What are the Ottawa Knights about?

With the Ottawa Knights, we have 3 core values we strive to achieve with each of the players within our organization: Make memorable experiences, teach and install life lessons, and help our players achieve their baseball goals at the next level.

Memorable Experience

From our Florida Spring trip to our extensive tournament schedule, we make each year one filled with exciting new experiences for our players. This includes being in places to see college and MLB games, playing at college and university fields, and going to tournaments in new cities at some of the best facilities.

Teaching Life Lessons

During practices, training, and games, we teach our players how to deal with adversity, how to accept and apply feedback, and persevere through mental and physical hardship to prepare them for life after baseball whether through school, work, or personal challenges.

Achieving Baseball Goals

The Knights use our network of connections and coaching from our experienced staff to help our players reach the next level of baseball either through promotion to Canadian or US college/university programs.



OTTAWA KNIGHTS

BASEBALL CLUB

Our Coaching Staff

Our coaching staff consists of former Pro, college, and university players – many of whom are former Knights players

COACH	TEAM	EXPERIENCE	Years with Knights
Steven Renaud	18u	US Junior College + CAD University	7
Daylon Courchene	14u	CAD University	7
Justin Chartrand	14u	Knights Alumni	7
Jordan Harcourt	16u	CAD University	7
Dom Murray	16u	CAD University	5
Kyle Gould	18u	US Junior College + US NCAA	2
Cobourn Bickle	16u	Knights Alumni	2
Sam Bent	14u	US Junior College	2
Berry Van Donselaar	18u	European Pro	1
Justin Mombourquette	14u	CAD University	1
Taras Ohkrintchouk	14u	CAD University	1

The Knights been placing players at the next level for 35+ years. Below is a list of just a few of our most recent notable members of our alumni:

Trent Verch	2016-2019	Onondaga Community College
Taras Ohkrintchouk	2016-2019	Niagara County Community College
Sam Bent	2016-2019	Cayuga Community College
Owen Lasseline	2016-2019	Okanagan College
Jordan Kazan	2016-2017	Sullivan Community College
Connor Fitzgerald	2015	Jamestown Community College
Ben Bartholomew	2015-2018	Knox College
Kurt Dillon	2015-2016	Galveston Community College
Nestor Tapia	2014-2016	Western Oklahoma Community College
Ryan Alain	2014-2015	Lake Region State College
Justin Emond	2012-2016	Herkimer Community College



OTTAWA KNIGHTS

B A S E B A L L C L U B

2023 COST BREAKDOWN AND KIT INFORMATION

Fees for new players for the upcoming season will be **\$5,500 CAD.**

Your fees cover the following expenses for us to run our operations:

- Field & facility costs for the fall, winter, spring, and summer
- Tournament (6+) and league registration fees
- Equipment costs
- Kit costs
- **Entire** Florida trip covered
- Coaching expenses
- Administrative expenses

This year, we will be providing the following in our kit to our players:

- 3 Jerseys
- 2 sets of pants
- 1 Hat
- 1 Helmet
- Socks, Belt, & Stirrups
- 2 Undershirts
- 1 pair of shorts
- 1 pair of Joggers
- 1 Cage Jacket
- 1 Baseball Bag

Two additional items can be purchased if preferred...

1 – Helmet jaw guards can be purchased through Baseball Town. They have the specifications to acquire the matching jaw guards to the helmets we have ordered. ***All Jaw guards must be the same colour as the helmet provided,*** which is a shade of Carolina Blue specific to Rawlings.

2 – Additional items, including fan and parent wear can be purchased when we open our store throughout the year should you need backups of any particular item.



OTTAWA KNIGHTS

B A S E B A L L C L U B

A typical Knights year...

Fall (September-October)

Our fall season consists of 2 practices per week with games on the weekends. Local tournaments with one flagship US tournament to fully end the season.

Winter (November-April)

Our winter session will consist of strength and Driveline training in November in December. After the holidays, we begin team practices twice a week at Carleton university and ISDP/the Legion. We take our Florida trip during March break and continue practices until fields open in May.

➤ Florida Trip

Our entire organization buses down to Ft. Pierce, Florida for a total 9-day trip. Players room together at the hotel and the bus takes all teams to and from all activities. The trip is planned through Florida Coast Spring Training. During our week down there most of the games and practices will take place at the Lawnwood Sports Complex and Lakewood Complex. The Lawnwood facility features seven full sized professional baseball fields, 8 practice pitching mounds, 6 batting cages and a practice infield. The Lakewood complex has four full sized diamonds and 2 batting cages.

Summer (May-August)

Our summer season includes playing in the Can-Am United League, comprising of teams in southeast Ontario, Montreal, and Northeast US. Our league final is at the end of July. During breaks in league action, we participate in tournaments in Canada and the US, attending facilities such as Baseball Heaven and Sports at the Beach.

**We hope to see you at
tryouts!**